## IT'S TIME TEXAS

## JOIN THE Free, fun, 8-week health competition COMMUNITY CHALLENGE, TODAY!

- 1 Download the Free App
- 2 Sign Up for the Challenge
- 3 Log Healthy Habits
- 4 Compete to Win Prizes

in



**#ITTCommunityChallenge** 

Register for the Community Challenge to help your community, school district or organization win big.





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**@ltsTimeTX** 

